

St. Pius X Parish

Newsletter

St. Pius X Church • 5 Barbara Street South Yarmouth, MA 02664 • 508-398-2248 • www.stpiusxsy.com

Volume 21, Issue 1 Spring 2016

Mission Statement

St. Pius X Parish is a community of Roman Catholics established in 1954 within the Church of Fall River to collaborate with its Bishop. Nourished through Word and Sacrament, we attend to the Holy Spirit and follow our Lord, Christ Jesus. We give witness to our participation in the Body of Christ by welcoming, evangelizing and serving all whom we encounter especially the poor.

Inside this Issue

The Library Corner	3
Our Mental Health	4
Newsletter Mailing	5
Parish Council	6
Housing Love Walk	7
St. Pius X School	8
Religious Education	9
Our Time in Italy	10
Faithful Departed	11
Recently Baptized	11
Recently Married	11
Calendar	12

HABITAT FOR HUMANITY OF CAPE COD – Yarmouth Ecumenical Build

St. Pius X Parish is proud to be a participant in a Habitat Build in West Yarmouth that will result in six (6) affordable homes for worthy families. As part of our 60th anniversary as a Parish, we embarked on this outreach in partnership with Habitat for Humanity. Habitat for Humanity of Cape Cod Builds homes for families in need, using volunteers to construct the houses. The homes are sold with an affordable mortgage to hard working local families so that they can stay on Cape Cod and thrive in their communities.

The Town of Yarmouth has been most generous in helping this project get off the ground. Yarmouth continues to wrestle with the issue of affordable housing, and this is our opportunity, as a Christian community, to make a difference.

We are joined by other Yarmouth Christian Churches in planning for this project. We are partnered with St. David's Episcopal Church, South Yarmouth Methodist Church, West Yarmouth Congregational Church, Dennis Union Church and The First Congregational Church of Yarmouth. As the program moves along, parishioners will be able to get more involved with sweat labor, fundraising, providing food and prayer for the laborers. Each family that receives an opportunity to own one

of these homes must contribute labor to the build, after proving financially able to afford the home.

The six homes will be built on Virginia Street in West Yarmouth. The layout is complete and the foundations are poured. Building in earnest should commence in the summer of 2016.

On a Sunday in July of 2015, you as a parish community were asked to contribute through a second collection at the Masses. We raised over \$27,000 on that one weekend. We as a Parish Family should be rightfully proud of this accomplishment. As we continue down this road there will be other opportunities to jump in, and we prayerfully anticipate your future participation in this important work as our brother's keeper.

We look forward to "walls up" in the near future. Please be alert to further information on this important work in our Parish Bulletin.

If you have any questions you may contact Committee Chairman Steve Sozanski or Deacon Dave Akin at (508)367-1099.

Steve Sozanski



HABITAT FOR HUMANITY - WEST YARMOUTH

The house that St. Pius X will be building along with the other churches is at the top right of the site plan.

RENDERED SITE PLAN



The Library Corner

Since many of us have read Matthew Kelly's *Rediscover Jesus* during Lent this year, we thought you might be interested in *The Rhythm of Life: Living Every Day with Passion and Purpose* (158.1). This book is divided into seven sections:

What Do You Want From Life?

Finding Your Genius

The-Best-Version-Of-Yourself

Discovering The Rhythm Of Life

It's All About Energy

The Way Of Excellence

Living the Life You Were Born To Live

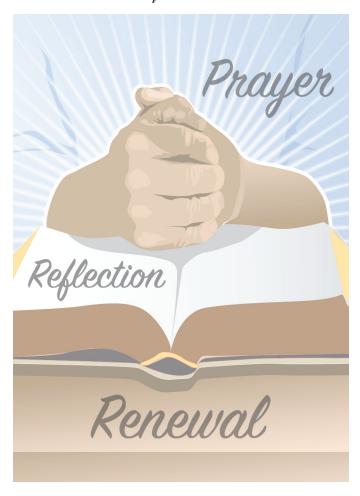
To reach that "Best-Version-Of-Yourself," Kelly talks about finding a lifestyle where your desires (what you are passionate about), your talents (what you were born to do), and your needs (what you need to thrive) overlap or align. Then you can live life to the fullest.

The tools Kelly advises us to use in order to establish rhythm in our lives are getting regular sleep along with making time for regular **prayer**, **reflection**, and **renewal**. These should be coupled with a life principle, a "sentence, phrase or idea that sums up the focus of a person's life." Kelly's life principle is "What will it take today for me to become the better person I know I can be?"

While this book is certainly introspective, Kelly gives many examples from lives of famous and revered people, coupled with touching incidents in his own life.

Another Matthew Kelly book in our collection, A Call to Joy: Living in the Presence of God (152.4), is autobiographical in that Kelly describes his personal encounters with God in his young adulthood. He uses such examples to describe building a meaningful spiritual life. Wouldn't you like to be the person described as having patience, kindness, humility, gentleness, fortitude, generosity and a deep sense of love? This book encourages you to be that person.

Barbara Finnerty





Our Mental Health

Three Cheers for All Parents

Our Parents are the best teachers. They are also the first of our teachers, but at times their messages can be misinterpreted and misunderstood. Thank God we all have good parents and have learned many valuable lessons from them so that we are well equipped to face the issues and challenges of life.

When we were growing up, our parents gave us many injunctions to guide us along the correct way of living. I can always remember the statement from Scripture that says, "Be ye perfect as your heavenly Father is perfect." A perfectly laudable phrase - worthy to be listened to and followed. Over time, I have understood that exegesis of scripture has directed that a more accurate and better translation is "Be ye perfected." Well, I don't think anyone really expected us to be perfect - but it was a goal to be worked toward - striven for. It is expected both parents are a team that work together for the emotional well-being of their children. One parent can take the short term solution and the other can take the long term solution. All this correction was done with mega love. That is what my parents did. I was far from perfect when growing up, and when I got off-track and had to be corrected, my mother especially would get on my case. She took the short term solution. My mother especially would say "What is wrong with you? How can you be so bad?" Have I taught you anything? Have you learned nothing from the nuns at school?" To be perfect is beyond our capacity as human beings but in Catholic or Parochial schools, the saints were supposed to be our heroes and we were encouraged to emulate them the best we could, seeing them as real live people. We were held to a higher standard. It was a goal to be striven for. We were always encouraged to imitate the lives of the Saints. It was a generation where faith reigned supreme. Also the motto for Boston College added fuel to the fire. The inscription on their logo was "always to excel". A literal translation of the Greek really means "ever to get better or improve". In our generation, I find that we really did put a lot of pressure on ourselves to achieve and always better ourselves.

Those were the good old days or maybe not such good old days. It was the way things were then. Things certainly have changed. I would like, in this short article, to say a few words about the very strong tendency in some children to develop strong perfectionist tendencies. I have found that when both parents are over-achievers, some of their children totally buy into the tendencies to try to be perfect. Some do have difficulty with perfectionism. I often have to remind myself of the saying, "feelings are not taught but they are caught". Children learn how to identify and then express their feelings from watching their parents. They also observe how other adults react to different situations in their life. Needless to say, watching TV can be an additional negative factor. We learn to identify feelings when we relate and interact with others. Yes, we learn and identify feelings in social settings. We experience feelings of guilt and shame when we fall below the expectations that others have of us and the goals we set for ourselves. Proper self-esteem starts with nurturing love and grows with some positive encouragement.

In today's world we see some children consistently falling below their own expectations and almost sense the tensions churning within them. These children have difficulty accepting anything less than their own exalted expectations for themselves and consequently they judge themselves harshly and without mercy. Occasionally some withdraw from life. They quit trying. This tendency to quit, can affect their grades in school. It also manifests itself on the athletic field. Basically, children who have tendencies to be perfect are so involved with themselves that they do not have time nor energy to cope with the problems of living. There is no time left for anything else but being perfect. It is an all or nothing attitude.

So there is a tendency to withdraw from life if he/she can't be perfect. A so-called, "perfect child" can easily become an overanxious child with a tendency to emotionally overreact to issues. But if one of the parents has emotional issues, the tendency to be normal is greatly complicated. A better way to handle ordinary issues that come up in everyone's life is for both parents to foster and encourage taking risks to accomplish new tasks. I have found that

a positive attitude in life can be exciting. Our task as parents is to help children to grow in self-confidence and have courage to try new things and actions. We don't want withdrawal from life. We can teach our children by our own life style that you don't have to be perfect but really involved in life. We human beings learn best by making mistakes and then learning to improve and grow from our errors. The motto that is used in many self help groups is very valuable, "Strive for progress rather than perfection". With this attitude the children can focus on something besides themselves. They get confidence as they see themselves change, grow and improve. They will like what changes they see in themselves and use this same way of acting in other endeavors and tasks. As they begin to like the improvements they see in themselves, they sense that "I can do this and now I have the confidence to try new things". "I am okay and so are you." Then they can sense that life is good and start to believe that by their mistakes they can improve each day. The future will then look promising to them because they have learned that by correcting mistakes, can change, grow and improve each day. Looking back on my life, "I would like you to say that my father had a long range plan that was very realistic, and he had a sound attitude on life. He would often say with a very firm voice "I would like you to stop this, change this." He would often add "I don't care what path you choose in life, but no matter what you do, put your whole heart into it". My mother supported this attitude by her immediate attention to details. Over the years I have found that appropriate encouragement can lead to proper self-confidence and continued consistent growth and development toward being the person we are called to be. Using this mode of thinking/acting helps us to be an integral part of life and not just an observer of events. So, following the motto, "progress not perfection" as an exceptionally valuable norm of human growth and development. We can never give our children too much love but we can give them too many things and toys. Three cheers to all the parents who taught us to live life fully. What would we ever do without them? There would be no real joy and happiness in our life without proper restraints and structure.

Joe Carney

Newsletter Mailing Team



Left to right: Jane McNicol, Wilma Pappalardo, Joe Pappalardo, Marie Gallucii, Betty Ann Janek, Mike Patkoske, Jenny Anastasio, Mary Durham, Catherine Showalter. (not pictured) George Jumper, Bill MacLachlan, Richard Racine and Dan Doto.







There are many faces behind the scenes. The ones who give of their time, sharing their inner talents and gifts of the Holy Spirit. They walk through the doors of the Parish Life Center asking for nothing yet giving so much. Whether it be the sorting of thousands of copies of newsletters or peeling and sticking of labels they are the ones who gather as a team. They converse with one another along the way as they work diligently to ready the newsletters for the post office.

When it is all done, they all walk away with a little kick in their step and a smile on their face knowing that their contribution made a difference.

We are grateful for the many "faces" who contribute to the success of the Parish quarterly Newsletter and especially for the "Mailing Crew", thank you.

We are all called by God to be ministers to our families, our friends and our parish. What is your calling?

Catherine Showalter

Newsletter Committee Member



In an attempt to better inform our fellow parishioners about the Parish Pastoral Council (PPC), the following article is being submitted.

Introduction

Recognizing that sound pastoral decisions are informed by the wisdom of the People of God, Father George Bellenoit established the Pastoral Council of the Saint Pius X Parish on May 19, 2008. The documents of the Second Vatican Council recommended the establishment of such councils. The documents state that Catholics have a right and duty to express their opinion on what pertains to the good of the Church. Pastors should willingly consult their people, say the documents, and use their prudent advice by establishing a pastoral council. The pastor acknowledges the wisdom of his parishioners and expresses his desire to share with them his responsibility for the governance of the parish.

PURPOSE

The purpose of the Parish Pastoral Council is to investigate pastoral matters, to consider them thoroughly, and to propose practical conclusions about them. The council's tasks, first of all is to study those matters brought to its attention and shed light on them. Its second task is to reflect on them thoroughly, to discern their true nature, and to evaluate and ponder them. The final task is to draw sound conclusions to the pastor in the form of recommendations. This three fold task is called pastoral planning. After the pastor has accepted the recommendations of the council, he directs their implementation. Council members, at the pastor's discretion, may assist him in their implementation.

SCOPE

The scope of the council is pastoral matters. These may include everything that pertains to the pastor's ministries

of proclaiming God's word, celebrating the sacraments, caring for the faithful, promoting the mission of the Church to the world, and being a good steward of the parish resources. The scope includes all the practical matters of parish life. There is, in short, nothing about which the pastor may not consult the council, apart from faith, orthodoxy, moral principles or laws of the universal Church.

CRITERIA FOR MEMBERSHIP

Pastoral council members are chosen, above all, for their ability to accomplish the main task of the council - the work of investigating, considering, and recommending practical conclusions. They are baptized Catholics, in good standing with the Church. Finally, they are parishioners noted for their faith, good morals, and prudence.

SELECTION OF MEMBERS

Nine baptized practicing Catholics are called forth from the parish to serve a three year term. These along with no more than six ex-officio members, including the pastor, other clergy appointed by the pastor, the Director of Religious Education, and the principal of the Saint Pius X School (or designee) compose the Council.

Except for the ex-officio members, each member serves a staggered three year term. In the Fall, the Parish is invited to nominate qualified individuals. Those who accept the nomination become part of a process of prayer and discernment leading to the selection of two new members. These two discerned members along with a member appointed by the pastor then begin to serve a term of three years.

MEETINGS

The Parish Pastoral Council typically meets once a month for no more than 1½ hours. Between meetings, council members are expected to follow-up the previous meeting and prepare for the next. This usually entails work on ad hoc committees. Prayer is also an integral part of each council meeting.

Further information can be obtained by visiting the parish web site or calling the Parish Office.



PARISH PASTORAL COUNCIL MEMBERS 2016

Discerned Members/Years Remaining

Pamela Larson 2 years Joseph Pappalardo 2 years Jenny Anastasio 1 year Karen Boucher 1 year Carolyn Barnes 3 years

(not pictured)

Carol Salerno 3 years

Appointed Members/Years Remaining

Steve Sozanski 1 year Pat Switchenko 2 years Madeline Manchuk 3 years

Ex-Officio Members

Fr. George Bellenoit Fr. Chris Peschel Deacon Mike Hickey Deacon Dick Zeich

Jean Kelly
Director of Religious Education

(not pictured) Anne Dailey *Principal, St. Pius X School*

Housing With Love Walk — #24

Why do we need to raise money for housing on Cape Cod? That is a question often asked by visitors and new arrivals. The picture of elegant homes along the shores, tidy well kept yards, miles of sandy beaches, quaint little villages, and scattered antique shops along 6A all suggest a perfect place to live. Twenty-four years ago Bob Murray, a local housing advocate, realized that much of Cape Cod's poverty is hidden.

He set out to bring the needs of affordable housing to the attention of all Cape Codders. On his vacation he walked the thirteen towns from Provincetown to Falmouth. His genius was finding businesses and other concerned people to join him. Over the past years working with a variety of agencies that help prevent and solve homeless problems over \$4,000,000 has been raised and disbursed. However, with a volatile economy and seasonal work

and rentals, people on Cape Cod are still in need of help. The state mandate that 10% of all housing needs to be affordable has not been met. Many families spend half their income or more on rent.

We at St. Pius X have worked with Bob representing the St. Vincent de Paul District Housing Fund. Many of our parishioners have walked and raised money for this worthwhile cause. The walk this year is scheduled for July 11th - July 17th. It is a 100 mile walk that takes seven days. Not many can commit to this much time. Not many can walk this many miles in one week. However, many of us can do a part of this walk. For example, our own Fr. George and Steve Sozanski have walked from West Dennis to West Yarmouth.

This year will be the 12th year that DJ Sullivan is pledging to walk. It is his 80th birthday year. It will be his last year actively walking. For the past couple of years he has walked some miles in every town not the complete 100 miles. Nevertheless friends, family, and parishioners have supported him emotionally, prayerfully, and financially. He is hoping to convince many parishioners and other acquaintances to pick a section to walk with him and to ask friends and family to donate. When the route is published, a copy will be on the bulletin board in the Narthex with places to sign up. There will also be notices in the weekly bulletin.

Most days begin with a prayer service or Mass at a Church or area near the beginning of the walk. There are two vans accompanying the walkers with water, snacks, and rides when necessary. Lunch is provided by local agencies and churches. One of the safest and most beautiful parts of the walk is the canal from the Sagamore to the Bourne Bridge (about 5 miles). This is the day that St. Vincent de Paul members and their friends from all parishes on the Cape walk together.

Much has been done to help our local families but much remains. Let's see if we at St. Pius X can reach within ourselves once again to make sure all our friends and neighbors have a decent place to live. Donations may be made in care of St. Pius X, St. Vincent de Paul Society and dropped off at the parish office or in the weekly collection baskets any time from now to July 17th.

Judy Sullivan

St. Pius X School

























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Catechist of the Quarter



Patricia Sanders is the person we wish to highlight and thank for her contribution to Religious Education. Trish has never taught a class or created a lesson. In fact what she does happens when the building is empty. Trish has taken the job, as a volunteer, of cleaning the classrooms. Each week she comes in early Monday mornings and vacuums all 9 classrooms and hallways, empties the baskets from all 9 classrooms, wipes down all 65 tables, cleans the boards in all the rooms. She also sharpens the pencils and gets the rooms ready for the classes. We really appreciate all that she does and thank her for keeping us neat and tidy.

There are many roles to be filled in a successful Religious Education Program and not all of them involve teaching a classroom full of children. We need receptionists, project workers, one-on-one aides, tutors and music people. We need the time and talent of the whole parish to pass on our faith. As Pope Francis has asked us, "Teach them the art of self-giving love." We can't give our children faith we can only share our faith and pray that they will try to model what they see. If you would like to share your faith, contact the Religious Education Office by phone 508-394-0709 or email stpiusxreled@comcast.net

Jean Kelly

Parish Christmas Pageant



Parish Christmas pageant, December 24, 2015

Comfort Pillows for Hope Hospice



Comfort the Sick. The children in grades 4 and 5 made comfort pillows for Hope Hospice. We were able to do this thanks to the donation of materials from Barbara Finnerty.

Vacation Bible School

"SAVE THE WEEK"

This summer July 18th – 22nd 9 AM to 12 Noon. For more information call or email the Religious Education Office at: 508-394-0709, stpiusxreled@comcast.net



Our Time in Italy



This past summer culminated a year and a half of Rebecca and me living in Italy in two different installments. From February through July, 2014 we lived in Assisi, and from November, 2014 through June, 2015 we lived in Santa Marinella, a coastal town about 30 miles outside of Rome. This adventure had two goals: 1) I would attend classes at the Vatican Center for Bioethics Studies in Aurelia; and 2) we had always talked of spending time living in Italy. My classes required my attendance for four select weeks during the year. It was necessary for me to spend much of my time studying and writing, but we also set aside time to see Rome, other parts of the country, and my cousins in Abruzzo, who we know very well. We even visited Vienna, Barcelona, and Paris.

A major part of the adventure was that we lived economically in apartments, walking, taking trains, and being part of the community. Before going over, I had my credentials sent so that my faculties would be reviewed for acceptance. In Assisi, the diocese assigned me to two different parishes during those months: San Vitale, about 5 miles outside of town on the slopes of Mt. Subasio; and then later, San Pietro, just inside the city walls. In Santa Marinella, I was assigned to San Giuseppe, the main parish in town. Generally, I would assist at daily and Sunday Masses, lead evening prayers or the rosary, and do exposition and benediction, all in Italian. In Assisi we also served at the information center at the train station daily to assist with pilgrims and their plans to find St. Francis. While in Santa Marinella, my prime focus was redirected to my thesis, and much of my time was tied to research. There are several significant religious colleges in Rome; mine, Atheneum Pontificium Regina Apostolorum, is attached to the European College and is located in Aurelia, a semi-rural suburb west of the city. Classes are conducted in Italian with an English translator much of the time. Great success came in our use of the language in the community in many diverse capacities, religious and secular, with residents and in the market places.

The Permanent Diaconate is relatively new in Italy as the focus has always been on traditions of the priesthood. In active service, depending, generally there are about a dozen deacons for either diocese I served. Formation programs there are progressing slowly, and how to incorporate deacons into the community ministry is almost an open slate. It was accepted and encouraged for me to wear clericals. As secular clergy are called "Don", I was always introduced as Don William. Being married, we sometimes raised eyebrows. Educational moments were frequent, and once the situation was clearly explained we were often well-received. My first opportunity to preach was for a Baptism on Christmas Day, 2014, in Italian with the parish deacon-candidate assisting. It was one of the best gifts I have been given in regard to my ministry.

Churches are so commonplace in Italy that it is easy to take their presence for granted. Each is individual and special with its own works of art. Even the smallest church can have an important history and works by great masters. The sense of history, especially in regard to the faith, is always present and something to be savored and enjoyed. Each region has its own spiritual advantages: Assisi for its Franciscan spirituality and traditions, and Rome as the center of the faith. These special spiritual vibes attract people of all faiths and nationalities that affects whole communities. Among our greatest gifts were the continuing ecumenical friendships we made, including: priests, religious, laity, Italians, Chinese, Dutch, Israeli, English, Canadians, Albanians, Romanians, Americans, Africans, Catholics and non-Catholics alike. Many seem to find a permeating contentment that brings people together regardless of background, faith, and traditions. In that regard, we found more similarities than differences between people both there and here.

Deacon William. Gallerizzo

Faithful Departed

Please pray for the following recently departed parishioners

Judith D. Agostino	01/04/16
Angela M. Glynn	01/05/16
Marilyn Joyce Sohoel	01/10/16
Walter Curley	01/12/16
John Francis Milan, Jr.	01/14/16
Richard John McGowan	01/20/16
Jeanne Nealon	01/24/16
Susan Schauwecker	01/31/16
Adeline Veronica Keefe	02/07/16
Maureen Esther Ryan	02/16/16
Genevieve H. Cormier	02/27/16
George W. Lonergan, Jr.	03/01/16
Edward Leo Cunningham	02/29/16

Recently Baptized

We rejoice with the following who have recently received the Sacrament of Baptism.

Riley Ann Eames	01/14/16
Parker Dune Metzler	01/14/16
Addison Grey Metzler	01/14/16
Brooklyn Dior Metzler	01/14/16
Gabriel Michael Santos-Crahan	01/17/16
John James Aiello	01/24/16
Austin Chase Edwards	02/21/16
Daniel Christopher Fecteau	02/21/16
Julianna Leigh Petrone	02/21/16
Nolan William Murphy	02/21/16
Carter William Battles	03/13/16
Hannah Celeste Flores-Arcebuche	03/13/16

Recently Married

Congratulations and best wishes to the following newlyweds.

Matthew John Shea and Jacquelyn Meredith Varjian 01/09/16

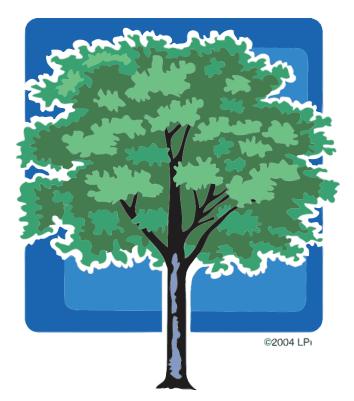
Requests for Memorial Masses can be arranged 1 month in advance.

Anniversary Masses can be arranged up to 3 months in advance (including the current month). All requests can be taken beginning on the Monday of the last full week of the month by visiting or calling the parish office at 508-398-2248 between 9:00 am – 5:00 pm Monday – Friday.

St. Pius X Parish Quarterly E-Newsletter

GO PAPERLESS

Join other parishioners who are opting out of the print version of the newsletter and going electronically!



Reasons to go with E-Newsletter

- Saves Money for Our Parish
- Go Green Environmental Benefits
- View in Full Color

We have recently started an electronic version of the quarterly newsletter for your convenience.

Visit the St. Pius X website at: **www.stpiusxsy.com** and sign up for the E-Newsletter today.

Thank you!

The St. Pius X Newsletter Committee

CALENDAR



We have an electronic version of the quarterly newsletter for your convenience. Visit our website at: www.stpiusxsy.com and sign up for the E-Newsletter today.

St. Pius X Parish
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We encourage your comments and suggestions.

Drop us a note: Newsletter, c/o St. Pius X Rectory

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