

WE GATHER

✝ Reader: Come, Holy Spirit, fill the hearts of your faithful.

All: And kindle in them the fire of your love.

Reader: Send forth your Spirit and they shall be created.

All: And you will renew the face of the earth.

You Call Us to Live

Refrain:


You call us to live close to you.
The signs that you give come from you.
At times when we need help from you,
you are there with us.

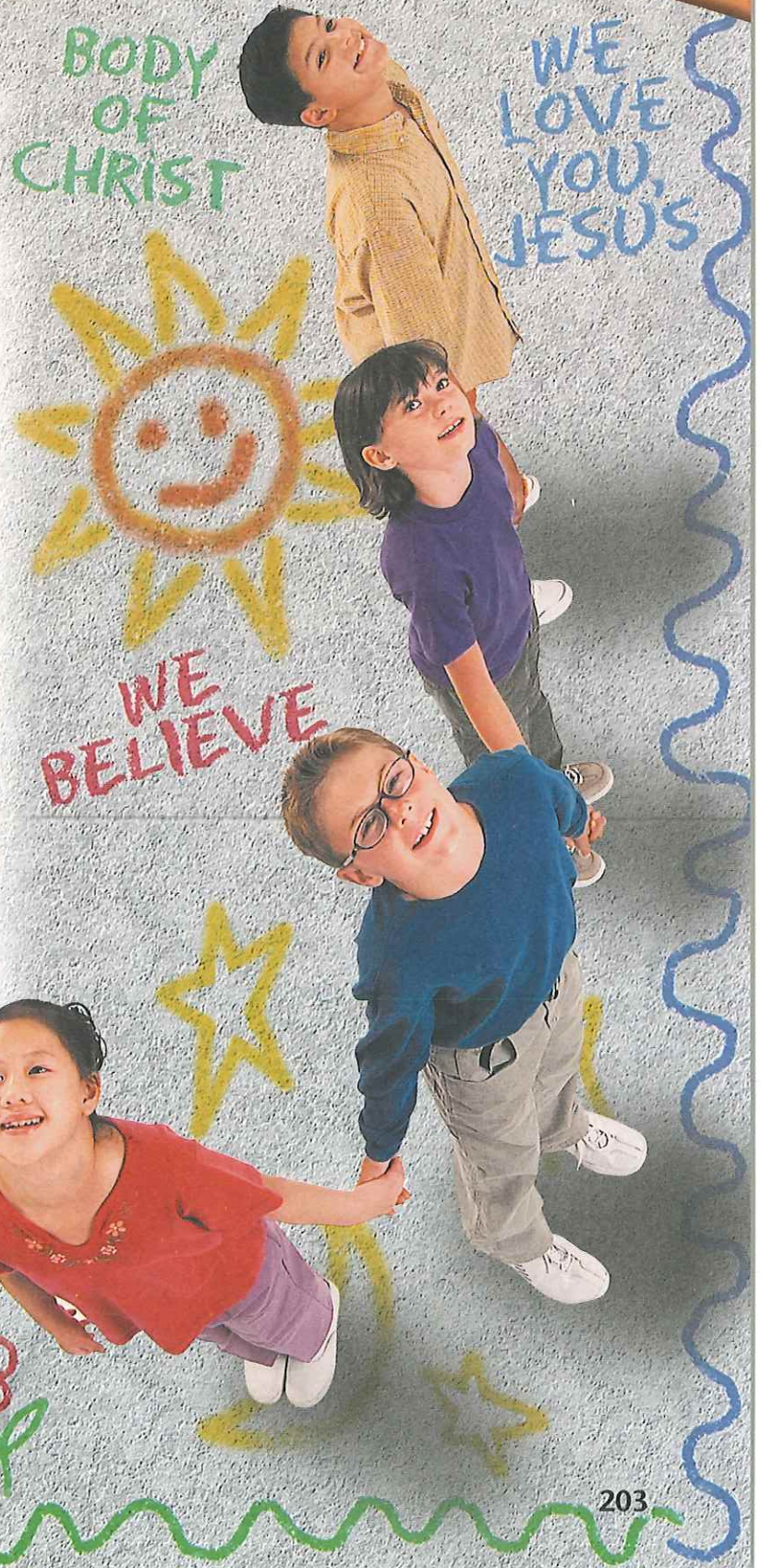
When we come to the water of Life,
you welcome your people. (Refrain)

When we share the Body of Christ,
you nourish your people. (Refrain)

When we ask for help in our life,
you give us your Spirit. (Refrain)

When we hurt from sickness or sin,
you never forget us. (Refrain)

 Whom do you look up to and respect? How is he or she a role model for you?





WE BELIEVE

Jesus is our model of holiness.

God is all good and holy. He wants us to be holy, too. So God the Father sent his Son into the world to share his divine life with us. By his life, Death, and Resurrection, Jesus frees us from sin and shares God's life and holiness with us.

Holiness is sharing in God's goodness and responding to God's love by the way we live. Being holy means being like God. Our holiness comes from grace, the gift of God's life that we first receive in Baptism. As members of the Church, we are called to grow in holiness. We grow in holiness when we

- believe in Jesus
- live as Jesus did, working for justice and peace
- pray
- celebrate the sacraments and respond to God's gift of himself.

Jesus Christ is the perfect model, or example, of holiness because he is the Son of God. Jesus put God his Father first in his life. The things Jesus did and the ways he treated others showed how important God was to him. Jesus trusted his Father completely and prayed to him often. Jesus lived by the commandments, loved others, and helped all those in need.

By his words and actions Jesus teaches us to be holy. He teaches us to love God and others, help those in need, and work for justice and peace. If we follow Jesus, he will lead us to holiness. We will grow in God's love.



Name someone you consider holy. Tell why.

We open our hearts and minds in prayer.

Prayer is a way that we communicate with God and God communicates with us. We pray to God by listening and talking to him with our minds and hearts. When we open our minds and hearts to God, we respond to God's invitation to love him. We welcome God into our lives.

Prayer is an important part of our call to holiness. Prayer helps us to be more trusting. It helps us to rely on God and to know what God wants us to do in our lives. God the Holy Spirit helps us to pray and to be open to God's will for us. Praying strengthens us to follow Jesus' example. It helps us to live out our faith.

During his life on earth Jesus prayed often. In his family he learned the prayers of his Jewish faith. Jesus often prayed the psalms, and went to the synagogue to pray.

Jesus' disciples wanted to pray as he did. So Jesus taught them the Lord's Prayer. The Lord's Prayer is also called the Our Father. The Lord's Prayer sums up Jesus' teachings. When we pray the Lord's Prayer, we are reminded that God is a loving Father. We turn to God in trust and hope. We call on God the Father because Jesus his Son did.

The Lord's Prayer is the most perfect prayer, and it is an important part of all of our liturgy. Every time we pray "thy will be done," we are promising to follow God's will in our daily lives just as Jesus did.



Look at the words of the Our Father on page 245. In the space illustrate what this prayer means to you.

The sacraments draw us closer to God.

The Church community gathers together in Jesus' name to pray. The **liturgy** is the official public prayer of the Church. In the liturgy we celebrate the life, Death, Resurrection, and Ascension of Christ. The liturgy includes the celebration of the Mass, the sacraments, and the Liturgy of the Hours.

Christ promised his first disciples: "where two or three are gathered together in my name, there am I in the midst of them" (Matthew 18:20). When we come together in Christ's name, the Holy Spirit is with us, too. The Holy Spirit prepares our hearts to hear and understand how Christ is living and acting among us. The Holy Spirit draws us together and unites us as the Body of Christ.

Christ lives and acts in the Church, especially through the Seven Sacraments. A **sacrament** is a special sign given to us by Jesus through which we share in God's life.

Through each sacrament God shares his life with us, and we grow in holiness. In each sacrament we celebrate God's love for us.

The grace we receive in the sacraments helps us to grow in holiness. As God's goodness and holiness in us grows, we become more like Jesus. We are able to spread the message of God's love and live by the commandments.



When do you gather with your parish for liturgy? What do you enjoy most about celebrating together?

As Catholics...

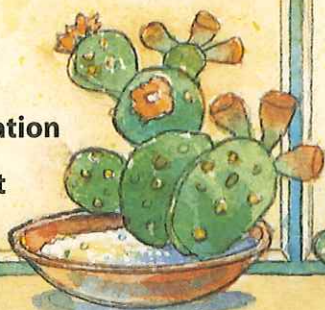
At different times during the day the People of God gather to pray the Liturgy of the Hours. During these prayers, psalms are sung, Scripture readings are read, and God is praised for his creation and his mercy. Priests and many religious communities pray the Liturgy of the Hours. Some parishes pray Morning and Evening Prayer, which are the two most important prayers of the Liturgy of the Hours. When is your favorite time to pray?

The Sacraments of Christian Initiation welcome us into the Church, strengthen us to be followers of Jesus, and nourish our faith.

Baptism

Confirmation

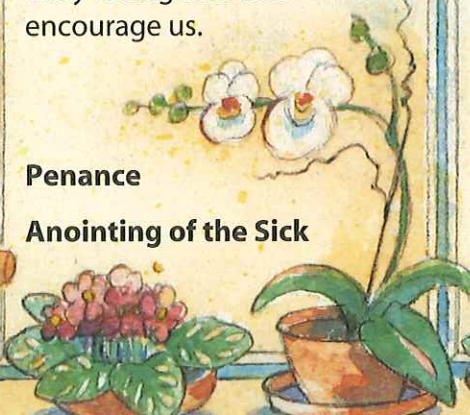
Eucharist



The Sacraments of Healing offer us God's forgiveness, peace, and healing touch. They strengthen and encourage us.

Penance

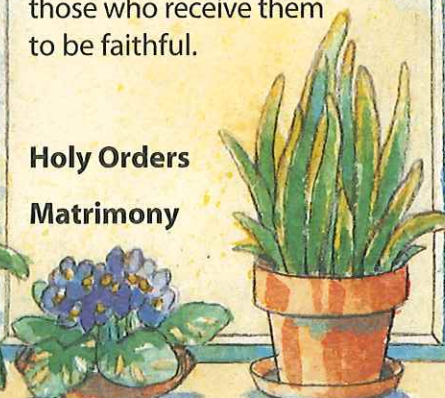
Anointing of the Sick



The Sacraments of Service celebrate particular ways of serving God and the Church. They strengthen those who receive them to be faithful.

Holy Orders

Matrimony



The Holy Spirit shares special gifts with us.

We answer God's call to holiness together, as a community of people who believe in and follow Jesus. God the Holy Spirit helps the whole Church to grow. Together we try to follow Jesus' example and lead lives of holiness. The Holy Spirit helps and supports us.

The Holy Spirit is with us always. The Holy Spirit helps us to listen to our conscience and to make good choices. The seven **gifts of the Holy Spirit** that we received at Baptism help us to follow God's law and live as Jesus did. In the Sacrament of Confirmation these gifts are increased in us.

The **fruits of the Holy Spirit** are the good things people can see in us when we respond to the gifts of the Holy Spirit.

Saint Paul understood that the gifts of the Holy Spirit can change people. He wrote that "the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control" (Galatians 5:22-23).

Key Words

liturgy (p. 260)

sacrament (p. 261)


gifts of the Holy Spirit (p. 260)

fruits of the Holy Spirit (p. 259)

Gifts of the Holy Spirit	This gift helps us to
wisdom	see and follow God's will in our lives
understanding	love and appreciate others
counsel (right judgment)	make good decisions and follow the Ten Commandments
fortitude (courage)	be strong in our faith and witness to Jesus; stand up for what is right
knowledge	know more about God and his love for us
piety (reverence)	show love and respect for God
fear of the Lord (wonder and awe)	see God's presence in our lives and in the world

WE RESPOND

Pray that you will keep an open mind and heart to God the Holy Spirit.

 With a group plan a short play that shows the fruits of the Holy Spirit in action.

Planning Sheet

Who: _____

What: _____

When: _____


Where: _____

How: _____



PROJECT

Show What *you* Know

Match the numbers with the letters to find the . Then read each definition.

A	C	E	F	G	H	I	L	M	N	O	P	R	S	T	U	Y
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

1. $\frac{5}{14} \frac{7}{12} \frac{4}{7} \frac{15}{13} \frac{14}{7} \frac{11}{15} \frac{4}{6} \frac{15}{3} \frac{6}{6} \frac{11}{11} \frac{8}{8} \frac{17}{17}$

$\frac{14}{14} \frac{12}{12} \frac{7}{7} \frac{13}{13} \frac{7}{7} \frac{15}{15}$ help us to follow God's law and live as Jesus did.

2. $\frac{8}{8} \frac{7}{7} \frac{15}{15} \frac{16}{16} \frac{13}{13} \frac{5}{5} \frac{17}{17}$ is the official public prayer of the Church.

3. A $\frac{14}{14} \frac{1}{1} \frac{2}{2} \frac{13}{13} \frac{1}{1} \frac{9}{9} \frac{3}{3} \frac{10}{10} \frac{15}{15}$ is a special sign given to us by Jesus.

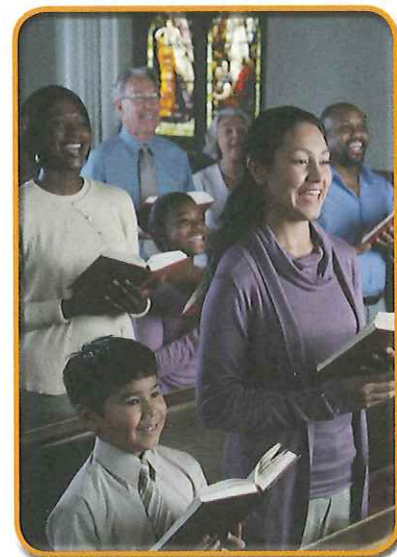
4. $\frac{4}{4} \frac{13}{13} \frac{16}{16} \frac{7}{7} \frac{15}{15} \frac{14}{14} \frac{11}{11} \frac{4}{4} \frac{15}{15} \frac{6}{6} \frac{3}{3} \frac{6}{6} \frac{11}{11} \frac{8}{8} \frac{17}{17}$

$\frac{14}{14} \frac{12}{12} \frac{7}{7} \frac{13}{13} \frac{7}{7} \frac{15}{15}$ are the good things people can see in us when we respond to the gifts of the Holy Spirit.



Jesus promised, "For where two or three are gathered together in my name, there am I in the midst of them" (Matthew 18:20).

When do you, your family, friends, or neighbors gather in Jesus' name?



Saint Stories

From her earliest years, Teresa de los Andes tried to live every day of her life as a follower of Jesus. She devoted her entire life to God, and at the age of 19 she entered a monastery. Saint John Paul II canonized her in 1993. She is the first saint from Chile. To learn more about Saint Teresa de los Andes and other saints, visit *Lives of the Saints* at www.webelieveweb.com.



➡ **DISCIPLE CHALLENGE** What can fourth graders do today to show that they follow Jesus Christ?

More to Explore

Sacramentals are blessings, actions, and objects that the Church uses to prepare us for the graces of the sacraments. Some objects that are sacramentals are statues, rosaries, medals, candles, and crucifixes. Sacramentals remind us to praise God. They remind us of Jesus and the saints, and they help us to pray.

➡ DISCIPLE CHALLENGE

- Underline the phrase that tells how the Church uses sacramentals.
- Name some sacramentals that you have in your home.

Fast Facts

Blessing ourselves with holy water is an example of a sacramental. The holy water and the Sign of the Cross help us to remember Baptism.



Take Home

As a family, visit *Gather In My Name* at www.webelieveweb.com. Share the "Question of the Week" for this Sunday's readings.

Now, pass it on!

CHAPTER TEST

Choose a word or phrase from the box to complete each sentence.

1. The _____ help us to follow God's law and live as Jesus did.
2. The _____ are the good things people can see in us when we respond to the gifts of the Holy Spirit.
3. A _____ is a special sign given to us by Jesus through which we share in God's life.
4. The _____ is the official public prayer of the Church.

liturgy

sacrament

gifts of the Holy Spirit

fruits of the Holy Spirit

Write the letter of the phrase that completes each of the following.

- | | |
|---------------------------------|--|
| 5. _____ Jesus teaches us | a. we communicate with God and God communicates with us. |
| 6. _____ Prayer is a way that | b. the whole Church to grow. |
| 7. _____ Through each sacrament | c. to be holy by his words and actions. |
| 8. _____ The Holy Spirit helps | d. God shares his life with us, and we grow in holiness. |

Answer the following.

9. Write one way that we grow in holiness.

10. Choose one of the gifts of the Holy Spirit and write what this gift helps us to do.
